

ADK ONONDAGA CHAPTER

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Statistician	Gretchen Barfoot	315.663.5829	barfootgretchen@gmail.com		
Sunshine / Cheerleader	Mary Dineen	315.424.1284			

ADK Onondaga Culture

We believe diversity makes us stronger. We believe inclusion fuels our cause. We welcome people of all races, ages, genders, sexual identities, religious affiliations, and national origins. Join us today!

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Submissions for the summer edition accepted until August 1. Send to Jamie Condon.

ABOUT THE COVER

April 10, Some of the trail maintenance crew hard at work on M22. See the inset next page for opportunities to help! Photo Courtesy Pat Urban



AN ADK SIZED WELCOME TO OUR NEWEST MEMBERS!

Tyler Murtha, Deanna Hubbard, Jennifer Petrie, Karen Shonborn, Karen Mandych, Abigail Capella, Dale & Elaine Buchberger, Virginia Eastman, Jason & Emily Dittman, Matthew Richard, Polly Bowers, Joseph & Margaret Dwyer, Mark Barnes, Claudia Beltran, John Couchette, Robert Ravera, Michael Degennaro, Patrick & Sarah Cox, Joseph Mann, Patrick Bader

Latest Membership Stats	Membership as of January	Affiliates	Change Since November
Onondaga Chapter	1,194	8	(10)
Adirondack Mountain Club Overall	24,277	n/a	(238)

FIND ADK ONONDAGA ON THE

https://adk-on.org

https://www.facebook.com/groups/adkonondaga

https://www.instagram.com/adk_onondaga_chapter/

https://www.meetup.com/adk-onondaga-chapter-outings/

CHAPTER EMAIL UPDATES

Join our Google Group: https://groups.google.com Search for our group name: ADK-On-Email

MEMBERSHIP UPDATES

To update your mailing address, phone number or email address, email membership@adk.org or call 800-395-8080

Trail Blazers Needed

Have you ever wondered who blazes the trails white, blue or orange, so you don't get lost in the woods, especially in fall with the leaves covering the trail and winter with the snow? Well, it is the ADK members. Members just like you.

We have many trails to keep up for the safety of members and we need more blazers to help us. It is fun and gives you a sense of accomplishment. We will show you how and give you the necessary equipment. It is not hard, just takes a little time. But you are outside in the woods enjoying nature as you blaze. So, grab a friend or two and come join us. Sign up to blaze the trails.

Please contact Pat Urban: sabharp@att.net, 315-420-9382.

SUMMER TRAIL MAINTENANCE **OPPORTUNITIES**

Dates	Location	Leader(s)
June 1	Spruce Pond Re- Route	Harold Kyle
June 12	FLT/NCT WW	Dick Frio
July 3	FLT/NCT WW	Dick Frio
July 13-14	Spruce Pond	Harold Kyle
July 20	Little Woodhull Lake Trail	Mary Coffin & Bob Rosati
August 7	FLT/NCT WW	Dick Frio
August 12-16	Hoffman Notch	Mary Coffin & Bob Rosati
August 17	Stanton/Fairbanks Trail	Harold Kyle
August 24	Stone Dam Lake Trail	Bob Rosati

Check the Outings section for additional details

FROM THE CHAIR

BY BRUCE HOLLOWAY



Bruce.....Living in the Present

I was just down south, in North Carolina, and I can assure you......that summer is coming! The ground is dry, not wet and muddy; The air is warmer, not chilly and wet; the trees have their leaves out, not bare with hill sides looking like shades of gray. All this is coming soon to the northeast! Along with the BUGS......UGH!

Don't let the bugs stop you, there's plenty to look forward to for outdoor enthusiasts and hikers!

- Warmer Weather: Say goodbye to chilly hikes and hello to warmer, sunnier days. Summer brings ideal temperatures for outdoor activities, making hiking more enjoyable and comfortable.
- Extended Daylight Hours: Longer daylight hours mean more time to explore the great outdoors. You can start your hikes earlier and finish later, maximizing your time on the trails.
- Lush Greenery: Summer brings lush vegetation and 3. vibrant blooms. Hiking trails come alive with colorful wildflowers, lush foliage, and raspberries.
- 4. Wildlife Sightings: With animals more active during the warmer months, you're more likely to spot wildlife during your hikes. Keep an eye out for birds, butterflies, deer, and other critters along the trail.
- 5. Water Adventures: Many hiking trails lead to breathtaking waterfalls, serene lakes, or meandering rivers. Canoeing and kayaking in early summer is best, as water levels are still sufficient to keep you above the rocks.
- 6. Mountain Views: Clear skies and minimal precipitation often mean spectacular views from mountain summits. Summer provides excellent opportunities for panoramic vistas.
- 7. Backpacking Trips: Longer days and milder weather make summer ideal for multi-day backpacking trips. Pack up your gear, hit the trails for an adventure.
- 8. Picnics and Outdoor Meals: Take advantage of the pleasant weather by packing a picnic and enjoying a meal in nature. Find a scenic spot along the trail or at the summit of a mountain to savor the views.
- 9. **Stargazing:** Summer nights offer some of the best stargazing opportunities. Relax under the starry sky and marvel at the beauty of the cosmos.
- 10. Community Events and Festivals: Many outdoor communities host events, festivals, and guided hikes during the summer months.

Look over our outing schedule and join us. Onondaga chapter has weekend activities that are local to Syracuse, and some with short travels. Those with weekdays free are not left out, there are hike/walks scheduled; and every Wednesday, we have local hikes on the FLT/NCT/Onondaga trail. Come and join us. - Bruce Holloway

SAVE THE DATE! **ADK Fall Outing**

October 25-27 @ Ashokan Center, Olivebridge, NY

Get ready for the Annual ADK Fall Outing! The event starts on Friday October 25 and runs through Sunday, October 27. Watch adk.org for details soon. Registration will be required.



TRAILS REPORT



BY HAROLD KYLE





Building puncheons at Cuyler Hill SF Photo Courtesy Erin Potter

already too steep and will only continue to erode without our work. We have clearance from DEC to reroute the trail on a more gradual route up the hill and will be working to build this new section on many outings this summer. Toward the end of summer, we'll shift our focus to DeRuyter State Forest to install more puncheons in some perennially muddy areas. I hope you'll join us to help make these projects happen. Our trails are only possible because volunteers like you pitch in. All ages and experiences are welcome!

Are there any trail projects you'd like to see happen? Do you have any trail questions you'd like answered? Please reach out to let me know.

Think fast: what month is the busiest on the Finger Lakes Trail south of Syracuse? I set up a trail camera above Spruce Pond to find this, among other things, out. The answer may surprise you. Or, perhaps, the answer, May, surprises you. May was far and away the busiest time of year for hikers to enjoy the trails in Morgan Hill State Forest. Braving the mud and the blackflies, hikers in the area flock to the trails during this month to enjoy the first signs of warm weather. Speaking of mud: it's perfectly fine to walk right through mud on the trail rather than trying to walk around it-this will keep our trail from braiding and widening.

Thankfully our trail maintainers have diligently been preparing for this Spring rush even before the snow melted from the trails. Our Saw Crew has already cleared many large trees blocking the trail. In addition to the usual windfall, the emerald ash borers continue their destructive march through the region. We anticipate a lot of blowdowns in the coming years. If you notice any obstructions, please drop me a line: harold@cnyhikes.com.

Erin Potter from the Finger Lakes Trail also led a group of 23 volunteers, largely from SUNY-ESF's Bob Marshall Club, to install new puncheons and start a reroute on the M21 at the western edge of Cuyler Hill State Forest. Thanks so much to the students and volunteers who helped keep this section of trail from sinking into the swamp and disappearing into blackberry thickets.

By the time you read this, we will have begun a reroute of the steep trail up from Spruce Pond. This is one of the most popular stretches of trail in our region but has become deeply rutted. The current course is



ADK-ON Saw Crew at work Photo Courtesy Dick Frio



FOREST RANGERS VS ENCON POLICE

BY MARY COFFIN

The roles and authority of DEC Forest Rangers and DEC Environmental Conservation (EnCon) Police are often confused. Many of their functions overlap. If you become lost or injured and call for help either or both may come to the rescue in response to a 911 call along with local police, fire and local rescue squads. When we call Forest Rangers for help, they are usually the first responders, and they are most familiar with Adirondack trails.

Forest Rangers respond to search and rescue incidents statewide. Working with other state agencies, local emergency response organizations, and volunteer search and rescue groups. Forest Rangers locate, and extract lost, injured, or distressed people from across New York State. "In 2023, DEC Forest Rangers conducted 370 search and rescue missions, extinguished 146 wildfires covering nearly 1,400 acres, participated in 52 prescribed fires that served to rejuvenate more than 1,000 acres of land, and worked on cases that resulted in hundreds of tickets and arrests." They are often called upon to fight fires out west.

Forest Rangers are often the first responders and are extensively trained and retrained in ice and fast water rescues, wildlands fire suppression and control, technical rope rescue when someone has fallen off a cliff and helicopter lift rescues. Educating hikers regarding proper hiking equipment for trail conditions and expected weather is also part of their job. They often make presentations to school groups or hiking groups and local rescue groups.

Environmental Conservation (EnCon) Police are DEC's Law enforcement officers who enforce the 71 chapters of New York State's Environmental Conservation Law (ECL). These laws protect fish and wildlife, protect the natural resources, and preserve environmental quality across NYS. The first "Game Protectors" were hired in 1880. In 2023, the Division of Law Enforcement fielded more than 101,500 calls, resulting in Environmental Conservation Police Officers (ECOs) and Investigators across the state responding to more than 30,932 complaints and working on cases that resulted in nearly 16,900 tickets or arrests. Violations ranged from deer poaching to solid waste dumping, illegal mining, the illegal pet trade, and excessive emissions violations.

EnCon police officers can issue tickets for snow mobile speeding and other violations, ATV trespass on State land, vehicles exceeding the 25-mph speed limit on most State Forest roads, hunting or fishing out of season, and other "violations to protect natural resources and public safety while holding poachers and polluters accountable." New York State has stringent Environmental Conservation Laws for the protection of its citizens and natural resources.

Both Forest Rangers and EnCon Police have educational functions to promote the safe and responsible enjoyment of the outdoors and are available for presentations to groups. We are very thankful for the dedication of all these agencies.

A side story is that our ADK-ON NCT trail crews have just happened to bump into Ranger Bills three times in the past three years. Her territory includes Black River Wild Forest and State land off North Lake Road which she patrols often.

Numbers to keep with you while hiking are: Adirondack Ranger dispatch 518.891.0135, Central New York Ranger dispatch 518.408.5850 and of course, 911.

FLT100 / FLT50 and NCT100 Hike Challenges

The North Country National Scenic Trail Hike 100 and Finger Lakes Trail Conference FLT100/FLT50 hike challenges are underway in 2024! The hike challenges are FREE and must be completed within the calendar year. Hike your favorite trails on the NCNST and Finger Lakes trail system over and over again or total miles for out and back hikes on your favorite sections. You can hike, walk, backpack, snowshoe, or cross-country ski. Find your adventure!



SAW SHARPENING



BY BRUCE HOLLOWAY

Two-person crosscut saws, historically, were essential tools for forestry and logging operations before the advent of chainsaws. While chainsaws have largely replaced two-person crosscut saws in modern forestry and logging operations due to their efficiency and convenience, these traditional saws still hold cultural and historical significance.



ADK Onondaga Chapter routinely utilizes this types of saw for our trail clearing activities to remove trees that have blown down across our

trails. During late spring and summer months, we organize teams of volunteers to remove trees and brush that have been reported to have fallen on the trails. It keep us very busy at times with much use. Because of this, the saws need periodic maintenance and sharpening.

There are many videos on the web that demonstrate how to sharpen a two-person saw, but that cannot replace an individual showing how it is done, and commenting how you are doing it wrong. We are lucky enough to have Ed O'Shea (one of those individuals) as part of our ADK Chapter. Earlier in April, a few of us gathered at Ed's place to learn the necessary techniques.

- Jointing the cutting teeth (making all the cutting teeth the same height)
- Setting and sharpening the rakers (proper height relative to the cutting teeth, and sharp!)
- Setting the cutting teeth (cuts wide enough to allow the saw to pass through the cut channel)
- Sharpening the cutting teeth (To cut two sides of the channel the saw passes through)

The words may seem vague to some, but when used with the instructions and demonstrations from Ed, they make sense. Here are some pictures of Ed instructing, then Joe Condon is sharpening.









ADK VOICES

BY BRUCE HOLLOWAY & MARY NIEMI





Mary Niemi interviewing Anna and Bill Brousseau while recording for ADK Voices Text Box Photo Courtesy Bruce Holloway

Preserving oral histories of outdoor adventures in the Adirondack Mountains is such a valuable endeavor. It not only captures personal stories but also helps preserve the cultural and environmental significance of the region. Having these recordings available on ADKVOICES.ORG makes them accessible to a wide audience, ensuring these stories are shared and appreciated for generations to come. The ADK Voices project is important for several reasons:

- Preserving Cultural Heritage: Oral histories capture personal experiences and perspectives that may not be documented elsewhere. By collecting stories of outdoor adventures in the Adirondack Mountains, the project preserves the unique activities that took place in the region.
- **Environmental Awareness**: Through these stories, listeners can gain a deeper appreciation for the natural beauty and environmental significance of the Adirondack Mountains. Hearing about people's experiences outdoors inspires others to connect with nature and become environmental stewards.
- **Community Engagement**: The project provides a platform for individuals to share their stories, interests and experiences. This sense of community fosters collaboration, knowledge-sharing, and a stronger sense of belonging among outdoor enthusiasts.
- 3. **Educational Resource**: The recordings serve as valuable educational resources to learn about the history and culture of the Adirondack Mountains. They offer insights into past experiences, challenges, and triumphs.
- **Legacy Building:** By capturing these stories, the project creates a lasting legacy for future generations. It ensures that the memories and experiences of individuals who have explored the Adirondack Mountains are not lost over time but instead are preserved and celebrated for years to come.

Overall, the ADK Voices project plays a significant role in honoring the past, inspiring the present, and shaping the future of outdoor recreation and conservation in the Adirondack Mountains. Typically, recordings for ADK Voices are collected through interviews with participants. Interviewers might reach out to individuals who have a history of outdoor hiking, camping, and other adventures in the Adirondack Mountains. These participants could include seasoned hikers, park rangers, environmentalists, and people with connections to the region, even residents who have lived in the area for generations.

During the interviews, participants are invited to share their personal stories, memories, and experiences related to outdoor activities in the Adirondacks. Interviewers may ask open-ended questions to encourage detailed responses, allowing participants to reminisce about their adventures, reflect on their connections to nature, and share any insights they've gained from their time in the mountains.

Recordings for ADK Voices may also be made without a formal interview process. In some cases, individuals may choose to record their own stories or reflections about their outdoor adventures in the Adirondack Mountains in a more spontaneous or personal manner. By allowing participants to record their stories in their own words and at their own pace, without the structure of a formal interview, the project captures a diverse range of perspectives and experiences.

The recordings capture not only the words spoken but also the emotions, enthusiasm, and authenticity of the participants, making each story unique and compelling. These recordings are then archived and made accessible to the public through platforms like the ADK Voices website, ensuring that the rich tapestry of Adirondack outdoor experiences is preserved for future generations to explore and enjoy.

Go to ADKVoices.org to listen to those recordings that have been collected. Our own Onondaga Chapter has had some members record their adventures: Gretchen Barfoot, Bill & Mary Coffin, Anne & Bill Brosseau, Ed O'Shea to name a few. The recorded stories also include 4 or 5 relevant photos to view as the recording plays on the website. Topic areas for the story recordings are: ADK History, People, Outings, Conservation, ADK Staff, ADK Events, Chapter Projects, Nature and recently added topics are the Northville Placid Trail and Fire Tower Challenges. We welcome more stories. Contact: maryrwniemi@gmail.com.

OUTINGS REPORT



BY LISA DRUKE

A BIG THANK YOU to our outings leaders for volunteering to lead for our chapter!

And Congratulations to our chapter leaders for completing the ADK leader certification requirements: Monica Aungier, Jim Bristol, Kathy Campbell, Mary Coffin, Jack Coleman, Jamie Condon, Joe Condon, Kathy Disque, Lisa Druke, Kathy Eisele, Theresa Evans, Jay Evans, Jeff Finerty, Dick Frio, Ann Furze, Mike Graser, SaraMarie Hoffman, Bruce Holloway, Harold Kyle, Pete Libera, Sandy Manca, Mary Niemi, Mike Ogden, Erin Potter, Lisa Robertson, Bob Rosati, Sigi Schwinge, Melanie Stevens, Pat Urban, Brenda Veilleux.





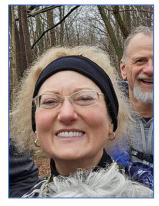










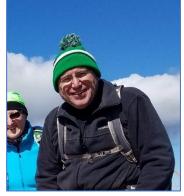












Date(s)	Outing	Leader(s)	
Repeating	Walking Wednesdays	Mary Niemi, Sigi Schwinge	
Sat, Jun 1	Spruce Pond Trail Maintenance	Harold Kyle	
Sun, Jun 2	Skyline Trail West Side Kathy Campbell, Lis Druke		
Mon, Jun 3	Beaver Lake Nature Center	Sigi Schwinge	
Tue, Jun 4	Tuesday Evening at Onondaga Lake Park	Brenda Veilleux	
Sat, Jun 8	Fulton Chain Trio	Jack Coleman	
Sun, Jun 9	Finger Lakes National Forest - Interloken Trail	Mary Niemi	
Tue, Jun 11	Tuesday Evening at Onondaga Lake Park	Brenda Veilleux	
Wed, Jun 12	Walking Wednesday Trail Maintenance	Dick Frio	
Sun, Jun 16	Burlingame Trails Hike - Cazenovia	Kathy Disque	
Tue, Jun 18	Tuesday Evening at Onondaga Lake Park	Brenda Veilleux	
Sat, Jun 22	Balsam Lake Mountain Fire Tower (Cats 35)	Lisa Druke	
Sun, Jun 23	FLT Finger Lakes National Forest (south end)	Mary Niemi	
Sat, Jun 29	Taylor Valley SF-Mount Roderick Loop	Monica Aungier	
Sun, Jun 30	Jim Schug Trail (aka the Dryden Lake Trail)	Theresa & Jay Evans	
Mon, Jul 1	Lime Hollow Nature Center in Cortland	Sigi Schwinge	
Wed, Jul 3	Walking Wednesday Trail Maintenance	Dick Frio	
Sun, Jul 7	Erie Canal Towpath	Mary Niemi	
Sat, Jul 13 - Sun, Jul 14	Spruce Pond Trail Maintenance	Harold Kyle	
Sat, Jul 20	Little Woodhull Lake Trail Work Hike	Mary Coffin	
Sat, Jul 20 - Sun, Jul 21	Terrell Pond Backpack	Jim Bristol	
Tue, Jul 23	Cazenovia Gorge Trail Hike	Lisa Druke	
Sat, Jul 27	Rice Creek Field Station SUNY Oswego	Mary Niemi	
Sun, Jul 28	Stony Pond State Forest	Melanie Stevens	
Sat, Aug 3	Windham High Peak (Cats 35)	Lisa Druke	
Mon, Aug 5	Go Finger Lake Preserves	Theresa Evans	
Wed, Aug 7	Walking Wednesday Trail Maintenance	Dick Frio	
Sat, Aug 10	Onondaga Trail (Shackam Rd to Rt 13)	Theresa & Jay Evans	
Mon, Aug 12 - Fri, Aug 16	Hoffman Notch NCT Volunteer Work Week	Mary Coffin, Bob Rosati	
Sat, Aug 17	Stanton/Fairbanks Trail Maintenance	Harold Kyle	
Sat, Aug 24	Stone Dam Lake Trail, Black River Wild Forest, NCT100	Bob Rosati	

Hike Leader Ratings

Leader Level	Rating	Effort Level	Elevation Gain (ft.)	Miles	Time (hrs.)
1	С	Easy	Under 1,000	< 5	< 5
1	C+	Fairly Easy	1,000	5 to 8	4 to 6
2	В	Moderate	1,000	5 to 10	5 to 7
2	B+	Moderately Strenuous	2,000	5 to 10	6 to 8
3	Α	Strenuous	3,000	5 to 10	8 to 10
3	A+	Very Strenuous	4,000	10	10



Notice to Participants

Choose only outings suitable to your abilities; call the leader if you are unsure. Outing leaders are not guides; they are volunteers willing to share their knowledge and experience with you. Please give them your cooperation and respect. Stay with the group at all times. Stay behind the leader unless permission is given to go ahead, and then stay within sight of the group. Make sure the leader is aware if you must leave the group. Dress properly for the type outing and the weather, and be prepared for changing weather conditions. The leader has the right to refuse anyone who is not prepared for the outing.

New hikers should call the leader before their first outing. Most outings starting in the morning are designed for a full day with return to the meeting place prior to dinnertime.

Hazardous weather or insufficient snow on snowshoe and/or cross-country ski trips may require a change of destination.

Transportation: Refer to Covid-19 table for carpooling guidance. Passengers are expected to contribute toward the cost of the transportation.

Risk: There are risks involved in our outings. Anyone participating does so at their own risk, and is required to sign the Release of Liability Form provided by the leader.

Overnight Outings: Overnight outings are open only to ADK members.

Dogs: Please contact the leader in advance if you would like to bring a dog. It is up to the leader to decide if a dog is allowed to join the hike.

Meeting Places

Participants gather at a meeting place as designated in the outing write-up. Primary meeting places are:

Thruway Exit 34: For outings to the east and northeast. Park & Ride Lot is on the left as you approach the toll plaza from N. Peterboro St (Canastota).

Thruway Exit 39: Park & Ride Lot (relocated to Jones Rd). Heading west on Rt. 690, the Jones Rd. exit is located just before the 690 exit for the Thruway entrance.

DeWitt Wegmans Park & Ride For outings to the southeast. Exit Route 481 at Favetteville. Wegmans is on Route 5 east of the Route 481 exit. Meet at the Bus Park and Ride in front of the Hobby/Lobby.

Green Hills Plaza For outings to the south and southwest. Parking lot is on the east side of South Salina Street across from Green Hills Farms, just south of the Syracuse city line.

Camping World (old Gander RV) Cicero, NY. For outings to the north. From NY 31, take the access road for I-81 N. Camping World is on the right just past the on-ramp for I-81.

Hike Equipment Checklist

- ✓ Water (amount appropriate for outing/weather)
- ✓ Lunch and extra food
- ✓ Clothing appropriate for outing/weather
- ✓ Rain gear
- ✓ Map and compass
- √ Headlamp or flashlight (extra batteries)
- √ Whistle
- √ Waterproof emergency blanket
- ✓ First-aid kit
- √ Hiking poles (if you use them)
- √ Work gloves (for work hikes)
- ✓ Bright clothing (in hunting season)
- √ Snowshoes/skis (in winter)

- denotes outing is within the Adirondack blueline





Walking Wednesday 9105 9:00 AM **Every Wednesday**

Meeting Place: Dewitt Wegmans' Park & Ride (in

front of Hobby Lobby)

Rating: Level 1 C, Easy, 4-5 miles, ~4-6 hours

Long Distance Trail: FLT, NCT100

R/T Drive (miles): Less than 100 miles Map Reference(s): DeLorme p. 60, DeLorme p. 61, DeLorme p. 77, FLT-O1, FLT-O2, FLT-M21

Leader(s): Mary Niemi 315-751-7492

maryrwniemi@qmail.com and Sigi Schwinge 315-437-6906, sigischwinge@aol.com (for info).

Every Wednesday some of our members take a 3-6 mile hike on one of the many trails in CNY. The first Wednesday of each month during Spring, Summer and Fall is usually devoted to trail maintenance. The Wednesday hikes welcome new participants. Please bring lunch and sufficient Call or email the leaders if you have Wednesday free and would like to hike.

9106 Spruce Pond Trail Maintenance Sat, Jun 1 10:00 AM

Meeting Place: Spruce Pond (RSVP w/ leader) Hike Rating: Level 1C, Easy, 0.25 miles, 4 hours

Long Distance Trail: FLT, NCT100 Map Reference(s): DeLorme p. 61

Leader(s): Harold Kyle, harold@cnyhikes.com It's National Trails Day! Come celebrate the occasion by building a new reroute of the climb from Spruce Pond. The old trail is deeply rutted and too steep, so we are installing a short switchback to make the climb more gradual. No experience is necessary, and we'll provide the tools. This area is steep and has uneven footing, so make sure to wear sturdy footwear. We'll work until the mid-afternoon.

9107 Skyline Trail West Side Sun, Jun 2 10:00 AM

Meeting Place: Labrador Hollow Unique Area Main Parking, Labrador Crossroad, Tully, NY https://maps.google.com/maps?daddr=42.79252 4,-76.051974

Hike Rating: Level 2B+, Moderately Strenuous Outing Distance: 8.6 miles, elev gain 1290', 5 - 6

hours

Long Distance Trail: FLT

R/T Drive (miles): Due to multiple traffic reroutes over the next several months we will meet at the trailhead parking where there is ample space.

Map Reference(s): DeLorme p. 61 & 77, FLT-O1 Leader(s): Kathy Campbell 315-427-3917, kathy.al.campbell@gmail.com, Lisa Druke

We will hike the orange blazed Skyline Trail starting at Labrador Hollow Unique Area main parking lot, up the steep west side of Labrador Hollow through Kettlebail State Forest to the western terminus of the Skyline Trail at Heiberg Memorial Forest Nature Trail parking on Maple Ridge Rd. A lunch stop is planned at Pond #1 (mile 3.6). A moderate pace is anticipated with the trail moderating after leaving the Labrador Hollow Unique Area. We will reverse direction to return to our cars. Trekking poles and sturdy hiking boots are recommended for the steeper terrain and potential wet, muddy areas.

9108 **Beaver Lake Nature Center** Mon, Jun 3 9:00 AM

Meeting Place: DeWitt Wegmans Park-n-Ride (in front of Hobby Lobby) Please contact leader if you plan to meet at Beaver Lake.

Hike Rating: Level 1C, Easy, 3 - 5 miles, ~3 hours

R/T Drive (miles): 25 miles

Map Reference(s): DeLorme p. 60 & 46, Beaver

Lake Trail Map

Leader(s): Sigi Schwinge, sigischwinge@aol.com We carpool from Dewitt or you can join us there (contact leader). We'll walk around the lake and then other trails in the nature center the group wants to walk. Bring water and lunch.

9109 Onondaga Lake Park – Evening Hike Tue, Jun 4 6:00 PM

Meeting Place: Salt Museum Parking Lot

Hike Rating: Level 1C, Easy, 2 - 3 miles, 2 hours

Map Reference(s): DeLorme p. 61

Brenda Veilleux, <u>315-463-9103</u> Leader(s): Enjoy an easy early summer walk at Onondaga Lake Park. Go as far or as little as you wish. An easy walk with like minds. Inclement weather may cancel event, please call before 8:00 p.m.





Fulton Chain Trio 9110 7:00 AM (Contact Sat, Jun 8 Leader)

Meeting Place: DeWitt Wegmans Park-n-Ride (in

front of Hobby Lobby)

Hike Rating: (A) Level 2B+, Moderately

Strenuous

Outing Distance: 7.6 Miles total Ele gain 1633'

Est. hrs: 4.5 - 5.5 hours

R/T Drive (miles): 220 miles Map Reference(s): DeLorme p. 36

Leader(s): Jack Coleman,

adkjack6237@gmail.com, 315-491-1230

We will meet at the Wegmans/Hobby Lobby in DeWitt at 7:00 am to form carpool. We will drive to Bald Mountain/Rondaxe Fire Tower first for a nice warm up hike of approximately 1.8 miles and 410' of elevation gain. Beautiful views of 4th lake from tower. Then make the 15 min. drive to the parking area for Black Bear and Rocky Mountains in Inlet. We will climb Black Bear first, with round trip 4.8 miles and 790' of elevation gain. We will finish with the short, 1 mile round trip, but steep 433' of elevation gain up Rocky Mountain.

Due to the mileage and total elevation gain this is a moderately strenuous day. Group Size will be limited to a total of 15.

9111 Finger Lakes National Forest -**Interloken Trail**

9:00 AM Sun, Jun 9

Meeting Place: Thruway Exit 39 (Jones Rd) Hike Rating: Level 1C+, Fairly Easy, 7 mile loop

Est. hrs: 4 - 5 hours Long Distance Trail: FLT R/T Drive (miles): 100 miles

DeLorme p. 75, FLT I1 Map Reference(s): Leader(s): Mary Niemi, 315-751-7492;

maryrwniemi@gmail.com

We will hike on the Interloken Trail from the northern end point at Parmenter Rd. heading south to Schuyler Co. Rd. 1 and return following the No-Tan-Takto Trail. We will have views of Seneca Lake to the west and Cayuga Lake to the east on this farm field and marsh terrain.

9112 Onondaga Lake Park - Evening Hike Tue, Jun 11 6:00 PM

Meeting Place: Salt Museum Parking Lot

Hike Rating: Level 1C, Easy, 2 - 3 miles, 2 hours

Map Reference(s): DeLorme p. 61

Leader(s): Brenda Veilleux, 315-463-9103 Enjoy an easy early summer walk at Onondaga Lake Park. Go as far or as little as you wish. An easy walk with like minds. Inclement weather may cancel event, please call before 8:00 p.m.

9113 Walking Wednesday Trail Maintenance

Wed, Jun 12 9:00 AM

Meeting Place: Wegmans Park-n-Ride (in front of

Hobby Lobby)

Hike Rating: Level 1C, Easy, 4 - 5 miles, 4 - 6

Long Distance Trail: FLT, NCT100

R/T Drive (miles): Less than 100 miles

DeLorme p. 60, 61 & 77, Map Reference(s):

FLT-O1, FLT-O2, FLT-M21

Leader(s): Dick Frio, Richardfriood@hotmail.com, 315-679-0622

We will be doing maintenance on a portion of the Finger Lakes Trail / North Country Trail. Our chapter currently maintains 72 miles of the FLT and three lean-tos, 57 miles of our section are concurrent with the NCT. No special skills are needed just a genuine desire to ensure that our trails are kept clear and blazed for all hikers to enjoy. The chapter furnishes all necessary tools. Bring a pair of work gloves, water, lunch and wear appropriate clothing. Severely adverse weather conditions will cancel the hike.

9114 Burlingame Trails Hike - Cazenovia 1:00 PM Sun, Jun 16

Meeting Place: Cazenovia Lake Parking Lot (near

ict Rt 20 & Rt 92)

Hike Rating: Level 1C, Easy, 3 - 4 miles, 2 hours

R/T Drive (miles): 6 miles Map Reference(s): DeLorme p. 61

Leader(s): Kathy Disque, <u>315-656-3383</u>,

kathydisque@yahoo.com

The Cazenovia Preservation Foundation (CPF) has built and maintains a network of trails in the Cazenovia area. We will explore the trails south of the Lorenzo State Historic Site, starting at the Burlingame Rd trail-head.





9115 Onondaga Lake Park - Evening Hike Tue, Jun 18 6:00 PM

Meeting Place: Salt Museum Parking Lot

Hike Rating: Level 1C, Easy, 2 - 3 miles, 2 hours

Map Reference(s): DeLorme p. 61

Leader(s): Brenda Veilleux, <u>315-463-9103</u> Enjoy an easy early summer walk at Onondaga Lake Park. Go as far or as little as you wish. An easy walk with like minds. Inclement weather may cancel event, please call before 8:00 p.m.

9116 Balsam Lake Mt Fire Tower (Cats 35) Sat, Jun 22 **Contact Leader**

Meeting Place: Green Hills Plaza (across from

Green Hills parking lot)

Hike Rating: Level 2B+, Mod. Strenuous (~1200'

ele gain to summit, total elev gain ~1600') Outing Distance: 8.7 miles, 5.5 hours

Long Distance Trail: FLT / Catskill Fire Tower

Challenge

R/T Drive (miles): 308 miles (2.5 hrs one way) Map Reference(s): DeLorme p. 96,

M31/M32, Catskills Region Guide, TM42

Leader(s): Lisa Druke, <u>lisadruke@gmail.com</u>, 315-447-4018

We will hike on the Dry Brook and Balsam Lake trails north to the summit of Balsam Lake Mountain (3723') and enjoy the views from the fire tower. We will then hike west on the Mill Brook Trail through some of the most beautiful sections of the Balsam Lake Wild Forest to the Alder Lake trail parking. Most of the trails we will hike are concurrent with FLT. The Balsam Lake Mountain fire tower was the first fire tower built in NYS (original 1887, rebuilt 2000) and has 360 degree view of the Catskills to the east and surrounding area. We will spot cars for this hike. Contact leader for more information.

9117 Finger Lakes National Forest (south end)

Sun, Jun 23 8:30 AM

Meeting Place: Thruway Exit 39 (Jones Rd)

Hike Rating: Level 1C+, Fairly Easy

Outing Distance: 8.1 miles (elev gain 700 ft.) Est. hours (excl driving time): 4 - 6 hours

Long Distance Trail: FLT

R/T Drive (miles): 176 miles

Map Reference(s): DeLorme p. 75, FLT M15 Leader(s): Mary Niemi, 315-751-7492;

maryrwniemi@gmail.com

I am trying to finish some FLT mileage in Schuyler Co. towards my goal of becoming an FLT E2E hiker, hopefully by the end of 2024. We will drop a car at Jolly Rd. Access 3 and then start at Burnt Hill Rd. Access 7 hiking west. The trail goes through a former vineyard and the old Lehigh Valley RR Grade.

9118 Taylor Valley SF-Mount Roderick Loop Sat, Jun 29 10:00 AM

Meeting Place: Contact Leader

Hike Rating: Level 1C, Easy, 4.2 miles, 2 hours

Long Distance Trail: FLT R/T Drive (miles): 65 miles

Map Reference(s): DeLorme p. 77, FLT-M21 Leader(s): Monica Aungier, 315-481-5903

monica.aungier@gmail.com

Let's enjoy a hike around the solstice. This 4.2 mile loop hike in Taylor Valley SF features Mount Roderick, old foundations and an old grave site. The hike covers 2.2 miles of the Finger Lakes Trail/North Country Trail as well as two miles of a seasonal dirt road. Elevation gain is approximately 350 feet. Bring snacks and water.

9119 Jim Schug Trail (aka the Dryden Lake Trail)

Sun, Jun 30

Meeting Time/Place: Contact Leader Hike Rating: Level 1C+, Fairly Easy

Outing Distance: 4.2 miles one way; if we do both

ways 8.4 miles

Est. hrs: 3 - 5 hours

80 miles R/T Drive (miles):

Map Reference(s): DeLorme p. 77, Trail Link by

Rails to Trail Conservancy

Leader(s): Theresa & Jay Evans, 315-414-

0431; tj evans@verizon.net

This trail is an old rail trail that passes a small pond and patches of woods. We will be parking at the Dryden Lake parking area, and we will walk the trail as far as anyone wishes. My minimum goal is 4-5 miles. It is flat, easy walking trail. Please come join us. Bring lunch/snacks, water, hat, and bug spray and spend time on a mid-summer day on this lovely rail trail. On the return home, there is an option to stop for ice cream too!!





9120 Lime Hollow Nature Center in Cortland

Mon, Jul 1 9:00 AM

Meeting Place: DeWitt Wegmans Park-n-Ride (in front of Hobby Lobby) Contact leader if you are meeting at Lime Hollow

Hike Rating: Level 1C, Easy, 3 - 5 miles, 3 - 4 hours

R/T Drive (miles): 65 miles

Map Reference(s): DeLorme p. 76, Lime Hollow

Trail Map

Leader(s): Sigi Schwinge, sigischwinge@aol.com The Monday walk-n-talk group will decide which trails to walk, looking at the sculptures along the way. We'll have lunch at a pond. Bring water and something to eat. The Monday group walks every Monday. To join other hikes (and the e-group) please contact Sigi.

9121 Walking Wednesday Trail Maintenance

Wed, Jul 3 9:00 AM

Meeting Place: Wegmans Park-n-Ride (in front of

Hobby Lobby)

Hike Rating: Level 1C, Easy, 4 - 5 miles, 4 - 6

hours

Long Distance Trail: FLT, NCT100

R/T Drive (miles): Less than 100 miles

Map Reference(s): DeLorme p. 60, 61 & 77,

FLT-O1, FLT-O2, FLT-M21 Leader(s): Dick Frio,

Richardfriood@hotmail.com, 315-679-0622

We will be doing maintenance on a portion of the Finger Lakes Trail / North Country Trail. Our chapter currently maintains 72 miles of the FLT and three lean-tos. 57 miles of our section are concurrent with the NCT. No special skills are needed just a genuine desire to ensure that our trails are kept clear and blazed for all hikers to enjoy. The chapter furnishes all necessary tools. Bring a pair of work gloves, water, lunch and wear appropriate clothing. Severely adverse weather conditions will cancel the hike.

9122 Erie Canal Towpath Sun, Jul 7 10:00 AM

Meeting Place: Erie Canalway Trail at Butternut

Dr., Dewitt

Hike Rating: Level 1C, Easy, 3 miles (or longer), 2

- 3 hours

Map Reference(s): DeLorme p. 60, Erie Canal map Leader(s): Mary Niemi, 315-751-7492;

maryrwniemi@gmail.com

We will walk along the Erie Canal starting at Butternut Drive in Dewitt for a leisurely 4th of July weekend outing. We can tailor the distance to the participants' level and desires (3+ miles or much shorter).

9123 Spruce Pond Trail Maintenance Sat, Jul 13 - Sun, Jul 14 10:00 AM

Meeting Place: Spruce Pond (RSVP with leader) Hike Rating: Level 1C, Easy, 0.25 mile, 4 hours

Long Distance Trail: FLT, NCT100 Map Reference(s): DeLorme p. 61

Leader(s): Harold Kyle, harold@cnyhikes.com We'll continue building a new reroute of the climb from Spruce Pond. The old trail is deeply rutted and too steep, so we are installing a short switchback to make the climb more gradual. No experience is necessary, and we'll provide the tools. This area is steep and has uneven footing, so make sure to wear sturdy footwear. We'll work until the mid-afternoon. Please contact Harold via email beforehand for which day(s) we'll be working, depending on weather.

9124 Little Woodhull Lake Trail Work Hike Sat, Jul 20 8:00 **AM** (Contact Leaders)

Meeting Place: Thruway Exit 34 (Canastota) Hike Rating: (A) Level 2B, Moderate, 4 - 6 miles,

3 - 4 hours

Long Distance Trail: NCT100 R/T Drive (miles): 128 miles Map Reference(s): DeLorme p. 49

Leader(s): Mary Coffin, maryccoffin@gmail.com

315-657-0229, Bob Rosati, b.rosati.adk.on@gmail.com

The Little Woodhull Trail is a part of the North Country National Scenic Trail adopted by our chapter. We will do trail maintenance involving blowdown removal, posting markers, clearing the tread. Bring gloves and hand tools but most tools will be provided. Carry lunch, snacks and extra water. Insect nets and repellant are advised.





9125 Terrell Pond Backpack Sat, Jul 20 - Sun, Jul 21 8:00 AM

Meeting Place: Contact leader

Hike Rating: (A) Level 2B+, Moderately Strenuous

Outing Distance: 10 miles, 3 hours

Long Distance Trail: NPT

R/T Drive (miles): 260 miles Map Reference(s): DeLorme p. 37 Jim Bristol, <u>315-935-3623</u> Leader(s):

Let's take a walk to picturesque Terrell Pond on the flank of Blue Mountain in the Blue Mountain Wild Forest. We will spend the night on the shore of Terrell Pond. Hopefully the sky will be clear as there's a full moon on 7/21. Trip size is limited to 8. Contact leader to register and discuss gear requirements.

9126 Cazenovia Gorge Trail Hike - Evening Hike

Tue, Jul 23 6:00 PM

Meeting Place: Cazenovia Lake Parking Lot (near jct Rt 20 & Rt 92). Contact leader if you plan to meet at Williams St. parking.

Hike Rating: Level 1C, Easy, 5 miles, 2.5 hours

Long Distance Trail: NCT100 R/T Drive (miles): 4 miles

Map Reference(s): DeLorme p. 61

Lisa Druke, lisadruke@gmail.com, Leader(s):

315-447-4018

Enjoy a leisurely walk with nice views along Chittenango Creek on this section of the North Country trail starting from the old railroad depot on Williams St in Cazenovia to Bingley Rd and return. The trail has minimal elevation gain and follows the old Lehigh Valley Railroad. Bring water and a snack.

9127 Rice Creek Field Station SUNY Oswego

9:00 AM Sat, Jul 27

Meeting Place: Camping World (old Gander RV)

Contact Leader by 7/26/24 to indicate your interest

Hike Rating: Level 1C, Easy, 4 miles, 3 - 4 hours

R/T Drive (miles): 72 miles Map Reference(s): DeLorme p. 46,

https://www.oswego.edu/rice-creek/trails-

overview

Mary Niemi, 315-751-7492; Leader(s):

maryrwniemi@gmail.com

This outing coincides with Oswego's 2024 Harborfest Weekend and I thought it would be nice to visit the Rice Creek Field Station which has the Education Center open on Saturdays. We can enjoy their nature trails and learn about their ecological research, in particular, their efforts to bring back oak trees along the Erie Canal that were decimated for ship building. Address- 193 Thompson Rd., Oswego NY (south of main campus entrance) Afterwards, we could go and see the Harborfest, if people are interested.

9128 Stony Pond State Forest Sun, Jul 28 10:00 AM

Meeting Place: DeWitt Wegmans Park-n-Ride (in

front of Hobby Lobby)

Hike Rating: Level 1C+, Fairly Easy, 5.3 miles,

2.5 hours

R/T Drive (miles): 23 miles Map Reference(s): DeLorme p. 61

Leader(s): Melanie Stevens, 315-278-2787

The forest loop is a 5.3-mile hike with an elevation gain of 561 feet. This loop trail takes hikers through a forested area surrounding Stony Pond. The trail starts relatively down and flat, winding through the forest. As you progress, the terrain has some moderate climbs and descents. Along the way, you'll likely encounter a variety of forest flora and fauna. Overall, this is a moderate hike suitable for most skill levels. The trails are wellmaintained and the climbing is manageable. Let me know if you need any other details about the hike!



9129 Windham High Peak (Cats 35) Sat, Aug 3

Meeting Time/Place: Contact Leader

Hike Rating: Level 2B+, Moderately Strenuous

Outing Distance: 7.1 miles, 5.5 hours Long Distance Trail: Long Path R/T Drive (miles): 164 miles

Map Reference(s): DeLorme p. 97, Catskill

Region Guide, M41

Leader(s): Lisa Druke, <u>lisadruke@gmail.com</u>,

315-447-4018

Join me on a hike to the summit of Windham Mountain (3524'). We will spot cars to make a nice through hike on the Escarpment Trail starting from the Elm Ridge Trail parking and ending at the Big Hollow Rd parking for a total hike distance of 7.1 miles with an elevation gain of 1469'. Escarpment trail (concurrent with Long Path) has generally moderate inclines through deciduous forests with many nice viewpoints including great views from Burnt Knob (3189'). Contact leader for more information. Bring rain gear, dress in layers, water, lunch/snacks, hiking boots.

9130 Go Finger Lake Preserves Mon, Aug 5 9:00 AM

Meeting Place: Green Hills Plaza (across from

Green Hills parking lot)

Hike Rating: Level 1C, Easy, 3 - 5 miles, 3 - 4

60 - 70 miles R/T Drive (miles):

Map Reference(s): DeLorme p. 60, Go Finger

Lakes website

Leader(s): Theresa Evans, 315-414-0431;

tj_evans@verizon.net

Join me for hikes on preserve(s) in Spafford and Scott, NY. We will be hiking at the Hinchcliff Family Preserve, which now is noted to connect with the Land Trust's

High Vista Preserve which neighbors it to the south. Across from main parking for the Hinchcliff is Ripley Hill Trail with the Central NY Land Trust. We will take our time and explore these beautiful preserves that border beautiful Skaneateles Lake. bring snacks/lunch/water adventure. There could be some car shuttling to do all 3 preserves.

9131 Walking Wednesday Trail Maintenance

9:00 AM Wed, Aug 7

Meeting Place: Wegmans Park-n-Ride (in front of

Hobby Lobby)

Hike Rating: Level 1C, Easy, 4 - 5 miles, 4 - 6

hours

Long Distance Trail: FLT, NCT100

R/T Drive (miles): Less than 100 miles

Map Reference(s): DeLorme p. 60, 61 & 77,

FLT-O1, FLT-O2, FLT-M21 Leader(s): Dick Frio,

Richardfriood@hotmail.com, 315-679-0622

We will be doing maintenance on a portion of the Finger Lakes Trail / North Country Trail. Our chapter currently maintains 72 miles of the FLT and three lean-tos. 57 miles of our section are concurrent with the NCT. No special skills are needed just a genuine desire to ensure that our trails are kept clear and blazed for all hikers to enjoy. The chapter furnishes all necessary tools. Bring a pair of work gloves, water, lunch and wear appropriate clothing. Severely adverse weather conditions will cancel the hike.

9132 Onondaga Trail (Shackham Rd to Rt

Sat, Aug 10

Meeting Place: Contact Leader

Hike Rating: Level 1C+, Fairly Easy, 7 miles, 3 - 4

hours

Long Distance Trail: FLT, NCT100 R/T Drive (miles): 70 miles

Map Reference(s): DeLorme p. 61, Onondaga

Trail, Map 01

Leader(s): Theresa & Jay Evans, 315-414-0431,

tj evans@verizon.net

We will take a hike on our own Onondaga Trail, which is part of the Finger Lakes Trail System. There will be car spotting for this hike. We will be going from Shackham Road to West Keeney Rd., Rt. 13. The trail runs thru some private lands as well as Morgan Hill State Forest. Bring water, lunch and bug spray.





9133 Hoffman Notch NCT Volunteer Work Week

Mon, Aug 12 - Fri, Aug 16 9:00 AM

Meeting Place: Meet daily at Dirgylot Parking lot on Rt. 9. Registration is required via ADK website (see link below).

Hike Rating: (A) Level 1C+, Fairly Easy

Long Distance Trail: NCT100

Map Reference(s): DeLorme p. 38

Leader(s): Mary Coffin, maryccoffin@gmail.com,

Bob Rosati, b.rosati.adk.on@gmail.com

We will construct new North Country National Scenic Trail (NCNST) in New York's Adirondack Mountains. Adirondack Mountain Club and North Country Trail Association are offering a volunteer work week on the Jones Hill section of the NCNST in Hoffman Notch Wilderness August 12-16, 2024. No prior skills or experience are needed. Skills training and tools will be provided. We will be putting the finishing touches on the new NCT section over Jones Hill in Hoffman Notch Wilderness. The plan is for the ADK Procrew to complete the new trail down from the summit on the east side. Our volunteer group will be putting finishing touches on benching from Platt Brook uphill toward the summit, posting markers, checking and improving drainage.

Volunteers will provide their own food and lodging. Schroon Lake village offers many motel and B&B opportunities. Limited complimentary camping is available on a first-come/first- served basis.

Join like-minded trail folks and become involved literally on the ground floor of this project while soaking up the Adirondack ambience. Join us for all 5 days or a day or two. Space is limited.

For details and application procedure contact: Mary Coffin at maryccoffin@gmail.com https://adk.org/volunteer and scroll all the way toward the bottom for Jones Hill project. Reservations are required at ADK website: https://adk.corsizio.com/event/660322a9c95a37 85edf393e8. We look forward to seeing you on the trail!

9134 Stanton/Fairbanks Trail Maintenance 10:00 AM Sat, Aug 17

Meeting Place: Pond on Fairbanks Road at:

42.825070, -75.855593

Note: Contact Leader for carpool option Hike Rating: Level 1C, Easy, 2 miles, 6 hours

Long Distance Trail: FLT, NCT100 R/T Drive (miles): 5 miles Map Reference(s): DeLorme p. 61

Harold Kyle, harold@cnyhikes.com Leader(s):

(RSVP required)

There are some muddy stretches of trail in DeRuyter State Forest that the DEC has asked us to fix. Puncheons will help prevent further trail deterioration. One section is by Fairbanks Road south of New Woodstock and the other is further west near Stanton Road, We'll tackle Fairbanks first before going to work on the Stanton Road section (Stanton is not drivable so we'll hike in). No experience is necessary, and we'll provide the tools. Please contact Harold via email to RSVP beforehand.

9135 Stone Dam Lake Trail, Black River Wild Forest, NCT100

8:00 AM (RSVP Leader) Sat, Aug 24

Meeting Place: Thruway Exit 34 (Canastota) Hike Rating: (A) Level 1C+, Fairly Easy, 5 - 8

miles, 4 - 6 hours

Long Distance Trail: NCT100 R/T Drive (miles): 200 miles

Map Reference(s): DeLorme p. 49, Nat Geo

745

Leader(s): Bob Rosati, b.rosati.adk.on@gmail.com

We will clear this section of the North Country National Scenic Trail where it first enters the Adirondack Park. We will remove blowdown and do side cutting. Head nets and repellent are advised. Wear work gloves, dress for the weather and pack the 10 essentials, including lunch, snacks and extra water. No experience is needed. Tools will be supplied but you are welcome to bring your own hand saws and loppers. This section will eventually be connected by a new trail to the Little Woodhull Lake Trail.



Mark Your Calendar:

Wakely Dam or Thirteenth Lake Adirondack camp/paddle/hike in July/August. If there is interest, I am planning to organize a weekend of hiking (or paddling) and car camping in the Adirondacks. Possible destinations for such a trip could be Wakely Dam or 13th Lake. Both locations are in the Adirondacks and would provide the opportunity for a nice day hike (or paddle) and an evening spent around a campfire under the stars. I would like to suggest that this trip would occur sometime in July or August when the bugs are a little less active. Anyone interested can contact me, Jim Bristol at 315-935-3623.

Sept. 14, 2024, Oak Mt NCT Work Trip We will be working on clearing blowdown and establishing tread on a section of the North Country National Scenic Trail on Oak Mt. Ski Area property in Speculator. Wear work gloves, dress for the weather and pack the 10 essentials, including lunch, snacks and extra water. No experience is needed. Tools will be supplied but you are welcome to bring your own saws and loppers. Contact Coffin, Mary maryccoffin@gmail.com 315-657-0229.

The annual ADK Fall Outing will be held October 25-27 at the Ashokan Center, Olivebridge, NY (www.ashokan.org). The Center is a camp/event space on a 385 acre preserve. It is located 20 minutes from the Kingston exit of the NYS Thruway and within 30 minutes from Catskills trailheads. On site events start Friday 5 pm, but the site will be available to us as of noon. Outings are planned for Friday afternoon through Sunday morning for hiking and other activities in the Catskills, Shawangunks, and other local sites. The site has trails so people arriving mid-afternoon can stretch their legs right there. The highlights planned for the weekend:

Friday evening affair includes meet-andgreet at 5 pm with musical entertainment. Dinner (6:30) pasta bar.

- Saturday evening happy hour at 5 pm, buffet dinner and after-dinner presentation, speaker to be announced.
- On-site housing is in semi-private (4 person) or larger (24 person) bunk rooms. Camping (tent) is available on site. There are other accommodations within a 15 minute drive.
- Estimated cost per person for the whole weekend and including 2 night stay, 2 dinners, 2 breakfasts and bag lunches for Saturday and Sunday will be ~\$300. Meals will be optional.

Registration will be through ADK website, to be announced via email when available. Outings registration will be handled through a separate web sign-up sheet closer to the event.



Need a bear canister for your overnight adventure? The Onondaga Chapter bear canister is available on loan to any ADK member for your outdoor adventure. Contact Lisa Druke to reserve.

Mailing Address:

Adirondack Mountain Club Onondaga Chapter 8729 Bridgeport Kirkville Rd Kirkville, NY 13082

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To opt out of the printed snail mail version of this newsletter and opt in for the digital emailed version, email membership@adk.org and tell us you want to go digital!

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