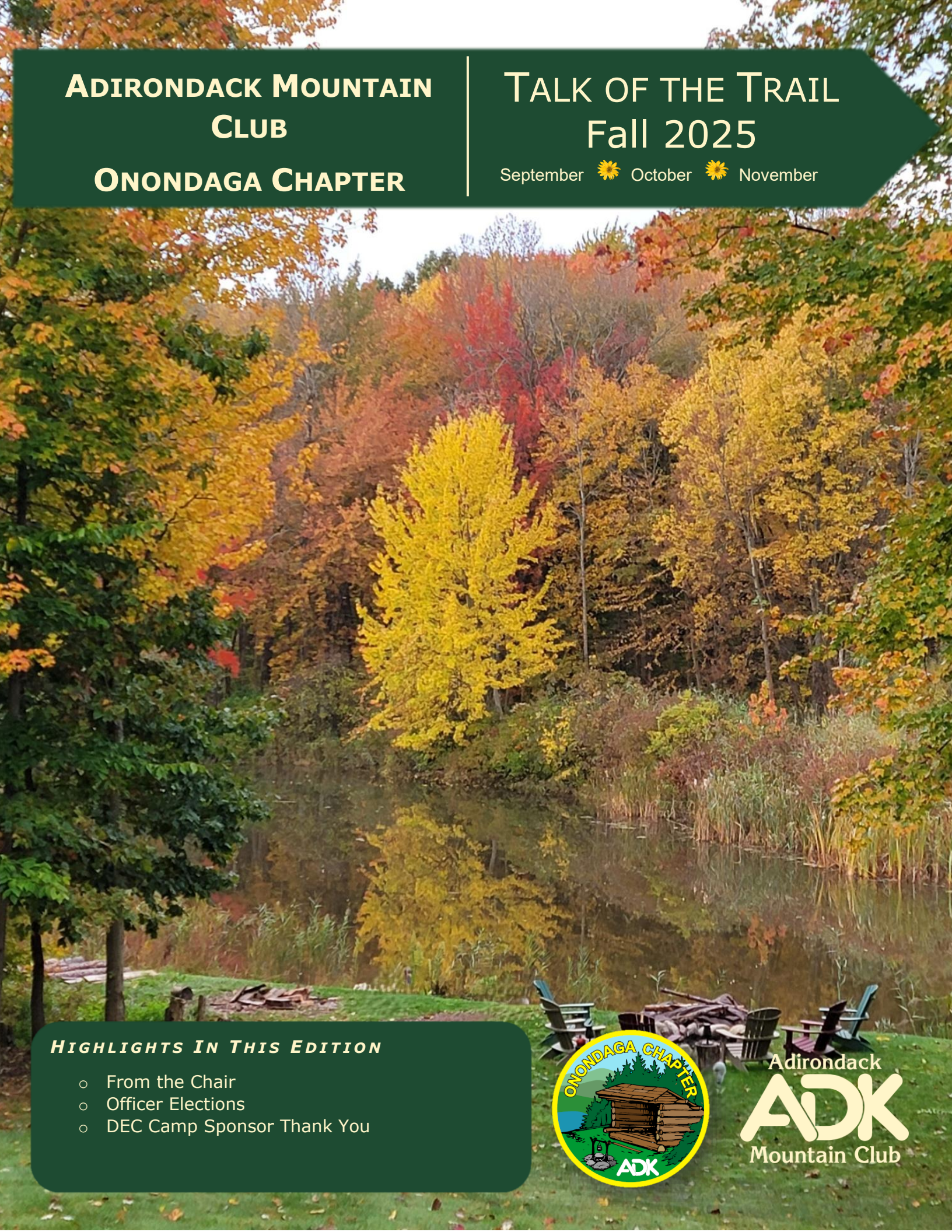
Adirondack Mountain Club

Onondaga Chapter

Talk of the Trail

Fall 2025

September October November



Highlights In This Edition

- From the Chair
- Officer Elections
- DEC Camp Sponsor Thank You

Adirondack ADK Mountain Club

ADK Onondaga Chapter

8729 Bridgeport Kirkville Road
Kirkville, NY 13082
adk-on.org

Executive Committee Directory

Chapter Officers			
Chair	Bruce Holloway	315.760.6620	b.holloway.adk.on@gmail.com
Vice Chair	Mary Niemi	315.751.7492	maryrwniemi@gmail.com
Secretary	Jamie Condon	315.726.3755	jalynncondon@outlook.com
Treasurer	Chris DeVoe	315.396.8335	cdevoe55555@gmail.com
Chapter Advisor	Kathy Disque	315.656.3383	kathydisque@yahoo.com
Chapter Advisor	Mike Ogden	315.418.0083	Mogden317@gmail.com
ADK Trustee	Lisa Druke	315.447.4018	lisadruke@gmail.com
Committee Chairs			
Conservation	Kim Putnam		
Education	Kathy Campbell	315.427.3917	kathy.al.campbell@gmail.com
Internet Communications Co-Chairs	Mike Graser	315.569.2221	mgraser114@yahoo.com
	Bob Rosati	315.766.7054	b.rosati.adk.on@gmail.com
Landowner Liaison	Mary Niemi	315.446.6725	maryrwniemi@gmail.com
Membership	Peg Whaley	315.633.0154	pegw1909@gmail.com
Newsletter	Jamie Condon	315.726.3755	newsletter@adk-on.org
Outings	Lisa Druke	315.447.4018	lisadruke@gmail.com
Publicity	Open		
Social	Pat Urban	315.635.7736	sabharp@att.net
Trails Chair	Harold Kyle	315.416.4619	trails@adk-on.org
Additional Positions			
Alternate Trustee	Dick Harper	315.506.8284	harper4272@aol.com
Finger Lake Trails Liaison	Harold Kyle	315.416.4619	harold@cnyhikes.com
NCT Trails Coordinator	Bob Rosati	315.766.7054	b.rosati.adk.on@gmail.com
Pigeon Lake Wilderness Coordinator	Sigi Schwinge	315.437.6906	sigischwinge@aol.com
Statistician	Gretchen Barfoot	315.663.5829	barfootgretchen@gmail.com
Sunshine / Cheerleader	Mary Dineen	315.424.1284	

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Submissions for the fall edition accepted until November 1. Send to newsletter@adk-on.org.

About the Cover

Volney, NY in fall

Photo Courtesy Joe Condon

AN ADK SIZED WELCOME TO OUR NEWEST MEMBERS!

Dr. Kenneth Baynes & Margaret Cohee, Lisa Bertolasio, William Brazill, Drew Calderwood, Andrew Conlan, Gabriel Fox, Brandi Kuhn, Kelly Lindsay, Christine Primrose, Daniel Shevlin, Mitchell Taylor & Anna Tschopp, Lauren Wetterhahn

FIND ADK ONONDAGA ONLINE

https://adk-on.org

https://www.facebook.com/groups/adkonondaga

https://www.instagram.com/adk_onondaga_chapter/

https://www.meetup.com/adk-onondaga-chapter-outings/

CHAPTER EMAIL UPDATES

Join our Google Group:
https://groups.google.com
Search for our group name:
ADK-On-Email

MEMBERSHIP UPDATES

To update your mailing address, phone number or email address, email membership@adk.org or call 800-395-8080

Latest Membership Stats	Membership as of July	Change Since January
Onondaga Chapter	879	-57
Adirondack Mountain Club Overall	23,000~	unknown

ADK ONONDAGA CULTURE

We believe diversity makes us stronger. We believe inclusion fuels our cause. We welcome people of all races, ages, genders, sexual identities, religious affiliations, and national origins. Join us today!

FALL TRAIL MAINTENANCE OPPORTUNITIES

Dates	Description	Leader(s)
Sep 3	Wednesday Trail Maintenance	Dick Frio
Sep 13	Prep for race on the FLT	Harold Kyle
Oct 1	Wednesday Trail Maintenance	Dick Frio
Oct 18	Dublin Road Reroute	Harold Kyle

Check the Outings section for additional details!



Need a bear canister for your overnight adventure? The Onondaga Chapter bear canister is available on loan to any ADK member for your outdoor adventure. Contact Lisa Druke to reserve.

FROM THE CHAIR

BY BRUCE HOLLOWAY



Nicks Lake a fall tradition of the Holloway's *Photo Courtesy Bruce Holloway*

Hello Friends!

Wow—what a summer! It's been so hot that I barely wanted to step outside. But this past week has been a welcome change—cooler temps, less humidity—and suddenly I'm daydreaming about a 30-mile, 3-day hike in the Adirondacks (though my wife is wisely keeping me in check!).

I hope your summer has been full of good adventures—vacations, family visits, or just soaking up everything Central New York has to offer. Soon we'll be sliding into my favorite season—fall—the best time to be out exploring the Onondaga, Finger Lakes, and North Country trails.

Here are a couple things coming up for our chapter:

🌿 Trail Work Day – Saturday, September 13
Join Harold Kyle for a day of trail maintenance to get things ready for the FLT Morgan Hill Meat Grinder trail race the following week. Harold will bring the tools—you just bring yourself (and maybe a little trail spirit). Reach him at harold@cnyhikes.com for details on when and where to meet.

🍁 Fall Chapter Meeting – Saturday, November 15
Save the date! We'll gather at Highland Forest County Park for hikes, followed by our chapter business meeting. Members will also be voting on officer confirmations. More details to come, but it's always a great chance to connect.

Hope to see you out on the trails this fall!

Happy hiking,
Bruce

This past June John Lang led an intrepid group of ADK members back to the White mountains of New Hampshire for a week of hiking. Participants included Joe C., Sandy M., Mike O., Jerry S., R. Frio., Julie C., Steve M., Gary M., June M. and Kathy C. In the course of the week, we stayed in lodges and huts of the AMC and Dartmouth. and "banged out" nearly a dozen summits. Several members including Julie, Gary, and Steve completed their quest to climb the NH 48 and one member Steve finished his NE 115. Congratulations! Within this elite group of hikers six of the eleven are now NE 115ers. Quite an accomplishment.

John wishes to thank his mentor Dick Lightcap for introducing the White Mountains to him and other ADK members.

BY HAROLD KYLE

We're making lots of little reroutes on our FLT trails this year. Whether we're fighting erosion, avoiding hunting closures, or blocking motorized vehicles, our goal is always to help preserve trails.



Lauren Wetterhahn and Lisa Robertson level a puncheon in Morgan Hill State Forest. *Photo Courtesy Harold Kyle*

In the spring, we completed a small reroute in Deruyter State Forest between Stanton Rd and Tromp Rd to avoid a long, rutted "mudslide" that formed over the years. The new course goes by a seasonal stream and includes several puncheons to help keep history from repeating. We also installed puncheons heading south from Morgan Hill Rd in Morgan Hill SF. It's hard to imagine after the recent dry weather, but this area tends to get very swampy in spring and the new puncheons will keep hikers above water.

A new hunting closure (between Oct 15 and Jan 1) on private land near Maxon Creek SF meant we needed to find better access to public land this year. After several outings, we have extended the Irish Hollow Spur as a bypass to reach Midlum Rd. The new route of the Irish Hollow Spur continues past the falls and returns to a forest road, entirely on public land. Continuing on the forest road south and then east brings you to a DEC parking lot and Midlum Rd (and eventually the Onondaga Branch Trail). The forest road, which is a seasonal snowmobile trail, also continues north to meet up with the Onondaga Branch Trail. In addition to reaching this area year-round you can now make some nice hiking loops here. Falls access, on private land in the hollow, follows a separate green-blazed trail called the Irish Hollow Falls Spur. The new trails are open year-round and do not replace existing trails, but they will be handy during hunting closures to avoid long road walks. Enjoy! And thank you to all the volunteers who scouted, raked, and benched the new trail.



On October 18, we'll try for one more reroute this year. We have approval from the DEC to move the trailhead for the Main FLT heading west from Dublin Rd in Mariposa SF. The existing trail attracts too many motorized vehicles, so we are hitting the "reset" button and moving the trail to a spot that will be less easily driven. I hope you can join us to help put this 0.18mi trail on the map. We also have a Sept 13 outing to clear trails around Morgan Hill SF, and we'd love your help then, if you're available.

If you hike east from Shackham Pond, there's an old road (Rowley Hill Rd) and stream crossing that the DEC recently overhauled. Construction is done but the trail is hard to follow here now. We have a temporary bypass flagged out, and I'm also hoping that we can receive funding from the state for a footbridge across the stream next year. Stay tuned.

As always, I am seeking any volunteers who are interested in trail maintenance. I'm especially interested in anyone able to run string trimmers so that we can better tackle brush next year, before our trail gets overgrown. No experience necessary, we will help train you. If you can help out, please reach out and let me know: harold@cnyhikes.com.

OFFICER NOMINEES



NOMINEE FOR CHAIR: MARY NIEMI

Membership: 22 Years
Chapter Positions Held: Vice-Chair, Secretary, Landowner Liaison Committee Chair, Outings Committee Member, Hike Leader, Walking Wednesday Co-Hike Leader

After retiring, I wanted to find something to do that was physically active and to meet new people. Hiking with our chapter has really fulfilled that wish. More experienced members have generously taught me so much about our local trails and have shown me many more regions of this beautiful state beyond Syracuse where I was born and where I raised my daughter. I have also learned a lot from all the dedicated volunteers on the Executive Board in their efforts to preserve our trails for future generations. Each year brings its own challenges and changes, but we have a great team of volunteers past and present who willingly offer their talents and I am privileged to be a part of this team.



NOMINEE FOR VICE CHAIR: BETH CADY BURGHARDT

Beth Cady Burghardt MD lives in LaFayette NY and has been hiking and fishing at Spruce Pond on the FLT since the early 1970's. With her husband Fred and mother Joyce she finished the 46 High Peaks in 1996 just 4 months after the birth of the first of her three daughters. Summer finds her in the Adirondacks camping, biking, boating and hiking with family (and the family Aussie Gimli), several of whom are working on their 46 so she helps guide trips throughout the year. A new obsession is trail building and maintenance, including her section of the FLT (Skyline trail near Labrador Hollow). She has served on multiple boards including her statewide church Executive Committee, MLMIC Board and EXCOM, the operating committee for her church youth and family camp on Upper Saranac Lake, hospital committees and local church board. She is a solo private practice ENT surgeon with an office in Liverpool NY.



NOMINEE FOR SECRETARY: JAMIE CONDON

I've been a proud ADK Mountain Club member for the past 14 years, and during that time I've enjoyed serving our chapter in different ways. Since 2020, I've been the Newsletter Editor, and I have served as Secretary for the last two years. What I've enjoyed most about being a club member are the people I've met—many of whom I now call friends.

When I'm not volunteering with ADK, you can usually find me out on the trail with my husband and our dogs, exploring the outdoors close to home—or further afield on adventure travels. Hiking and time in nature have always been at the center of my happiest moments.

Professionally, I work as the Chief Information Officer for American Food & Vending, but my favorite "office" will always be under the trees or on a mountain ridge.



NOMINEE FOR TREASURER: CHRIS DEVOE

I am an investment manager in Fayetteville, having spent 45 years in the industry, and have been a Chartered Financial Analyst since 1983.

I've been a Onondaga Chapter member for over 40 years. I began climbing with my Scout troop here in Syracuse in the early 1970s with a 50 miler on the Long Trail in VT and started in the ADKs in 1980 with Big Slide. I am an ADK 46r and a NE 115r and am trying to finish up the New England Hundred Highest.

I've served as Chapter Treasurer since 2024 and am enjoying working with Chapter officers and advisors to formulate our budget and provide required reports to ADK.



NOMINEE FOR CHAPTER ADVISOR: MIKE OGDEN

I joined ADK in 2011. Since then I have added up many hiking miles. I'm a ADK 46R, Catskill 3500, NE-111 and I completed the FLT end to end. I have hiked many places in the US including Mt. Rainier area, the North Cascades and in numerous National Parks. I've hiked in Ireland, Scotland, the Tour du Mont Blanc and the Dolomites in Italy.

I served on the FLT Board of Managers for 6 years at which time I was the FLT Advisor for ADK-ON. I have been Chapter Chair and Vice Chair for ADK-ON. I am currently serving as Chapter Advisor.

See you on the trail.



NOMINEE FOR CHAPTER ADVISOR: BRUCE HOLLOWAY

Through support activities, I gained a strong appreciation for the collaborative nature of the Onondaga Chapter's efforts with other local outdoor and conservation groups. These interactions often involve joint events, trail maintenance projects, advocacy efforts, and educational programs. This cooperation strengthens community ties and furthers shared environmental and recreational goals in the region.

Working with the chapter offered direct exposure to the inner workings of its various committees—such as those focused on membership, conservation, outings, and education. I observed how committee members plan events, coordinate volunteers, manage logistics, and align their activities with the chapter's mission. This has enhanced my understanding of the importance of structured communication and task delegation in a volunteer-driven organization.

Supporting the chapter also meant being attuned to how it interacts with the Adirondack Mountain Club (ADK) at the organizational level. I observed how shifts in ADK leadership and updates to policies or strategic goals influenced chapter procedures. This included adapting to new reporting requirements, communication channels, and alignment with ADK's evolving mission and vision. It highlighted the importance of flexibility and effective communication in maintaining consistency between local chapters and the parent organization.



NOMINEE FOR ADK TRUSTEE: MIKE GRASER

ADK Member – 9 years
Positions held – Co-Chair Internet, ADK Communications Committee

I joined ADK, a month after I retired, because I wanted to hike locally and in the Adirondacks with a friendly group of people. When the Internet Chair was open in 2020 I volunteered for the position and it has been an enjoyable experience working with Bob Rosati to update the chapter's technical tools and applications. ADK introduced iMIS in early 2024 and I have been very involved with the ADK Communications Committee advocating for chapter needs. I have attended a number of ADK Advisory Council meetings via Zoom and in person and so I am very aware of the responsibilities of this position. In other words, I know what I am getting into.

Fall Business Meeting

BY PAT URBAN

When: November 15, 2025 @ 2pm

Where: Highland Forest County Park

Please see the outings section for complete details of the fall business meeting!

Registration will be required. Please bring a dish to share and your own place setting. Please check our website and your email for details and information to register. Turn-by-turn driving directions can be found in our outings section.

Non-Members Welcome! Members are encouraged to bring a friend!

Fall Business Meeting Agenda	
10 am	Optional, 8.8 mile hike with Kathy Campbell *
Noon	Optional, 4–5 mile hike with Ann Furze *
2 pm	Social Hour
3 pm	Tour du Mont Blanc Presentation
4 pm	Business Meeting
5 pm	Potluck Dinner



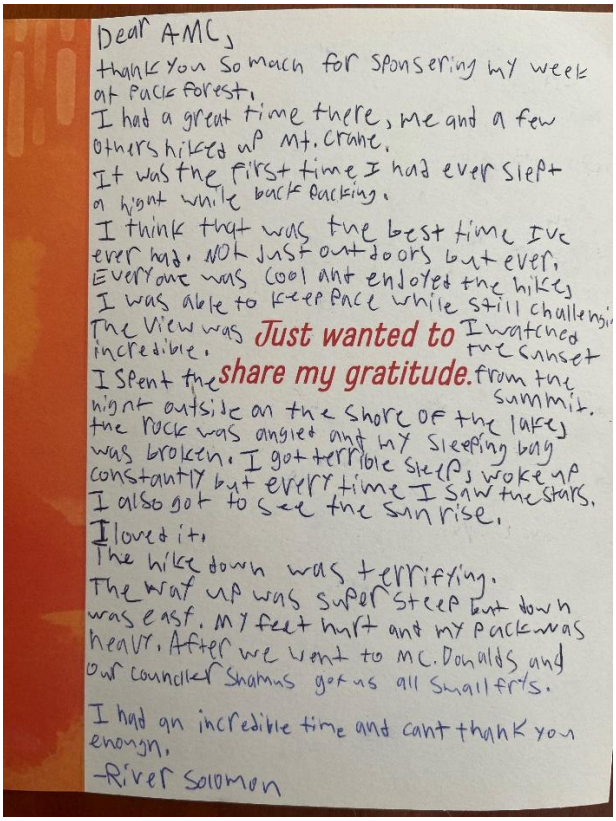
DEC CAMP SPONSOR ADVENTURE

Dear ADK,
Thank you so much for sponsoring my week at Camp Pack Forest.

I had a great time there. Me and a few others hiked up Mt. Crane. It was the first time I had ever slept a night while backpacking.
I think that was the best time I've ever had. Not just outdoors, but ever. Everyone was cool and enjoyed the hikes. I was able to keep pace while still challenging. The view was incredible. I watched the sunset from the summit. I spent the night outside on the shore of the lakes. The rock angled and my sleeping bag was broken. I got terrible sleep, woke up constantly, but every time I saw the stars. I also got to see the sunrise. I loved it.
The hike down was terrifying. The way up was super steep, but down was easy. My feet hurt and my pack was heavy. Afterwards, we went to McDonalds and our counselor, Shamus, got us all small French fries.

I had an incredible time and can't thank you enough.

River Solomon, Cazenovia, NY


Dear AMC,
thank you so much for sponsering my week at Pack forest.
I had a great time there, me and a few others hiked up Mt. Crane.
It was the first time I had ever slept a night while back packing.
I think that was the best time Ive ever had. Not just outdoors but ever.
Everyone was cool and enjoyed the hikes
I was able to keep pace while still challenging
The view was incredible. I watched the sunset
I spent the night outside on the shore of the lakes
the rock was angled and my sleeping bag was broken. I got terrible sleep, woke up constantly but every time I saw the stars.
I also got to see the sunrise.
I loved it.
The hike down was terrifying.
The way up was super steep but down was easy. My feet hurt and my pack was heavy. After we went to MC. Donalds and our counciler Shamus got us all small fry's.
I had an incredible time and cant thank you enough.
-River Solomon

Just wanted to share my gratitude.

Date(s)	Outings	Leader(s)
Repeating	Walking Wednesday	Mary Niemi, Bruce Holloway
Wed, Sep 3	Wednesday Trail Maintenance	Dick Frio
Sun, Sep 7	Fall Picnic at Land O' Pines	Mary Dineen, Mark del Pozzo
Mon, Sep 8	Southwick Beach State Park w/ optional Selkirk Shores State Park	Sigi Schwinge, Theresa Evans
Sat, Sep 13	FLT Trail Maintenance	Harold Kyle
Sun, Sep 21	Moss, Bubb, Sis Lakes Hike	Lisa Druke
Sun, Sep 28	Morningside Trail and Oakwood Cemetery Public Arts Pathway	Melanie Stevens
Wed, Oct 1	Wednesday Trail Maintenance	Dick Frio
Sat, Oct 4	Blackhead / Black Dome Mts (Cats 35)	Lisa Druke
Mon, Oct 6	Bucks Brook State Forest	Sigi Schwinge, Theresa Evans
Sat, Oct 11 - Sun, Oct 12	Gull Lake Backpack	Jim Bristol
Sun, Oct 12	OK Slip Falls - Adirondacks	Theresa & Jay Evans
Sat, Oct 18	Dublin Road Reroute	Harold Kyle
Sat, Oct 25	Carpenter Falls & Bahar Nature Preserve	Theresa & Jay Evans
Sat, Nov 1	Fulton Chain Trio	Jack Coleman
Mon, Nov 3	Going to Paradise	Sigi Schwinge, Theresa Evans
Sat, Nov 15	Fall Potluck/Business Meeting 2025	Pat Urban, Sandy Manca
Sat, Nov 15	SHORT HIKE OPTION: Fall Meeting Highland Forest	Ann Furze
Sat, Nov 15	LONG HIKE OPTION: Fall Meeting Highland Forest	Kathy Campbell
Sat, Nov 22	Whetstone Gulf Hike	Kathy Campbell
Sun, Nov 30	Green Lakes State Park Hike	Lisa Druke

Hike Leader Ratings

Leader Level	Rating	Effort Level	Elevation Gain (ft.)	Miles	Time (hrs.)
1	C	Easy	Under 1,000	< 5	< 5
1	C+	Fairly Easy	1,000	5 to 8	4 to 6
2	B	Moderate	1,000	5 to 10	5 to 7
2	B+	Moderately Strenuous	2,000	5 to 10	6 to 8
3	A	Strenuous	3,000	5 to 10	8 to 10
3	A+	Very Strenuous	4,000	10	10

Notice to Participants

Choose only outings suitable to your abilities; call the leader if you are unsure. Outing leaders are not guides; they are volunteers willing to share their knowledge and experience with you. Please give them your cooperation and respect. Stay with the group at all times. Stay behind the leader unless permission is given to go ahead, and then stay within sight of the group. Make sure the leader is aware if you must leave the group. Dress properly for the type outing and the weather, and be prepared for changing weather conditions. The leader has the right to refuse anyone who is not prepared for the outing.

New hikers should call the leader before their first outing. Most outings starting in the morning are designed for a full day with return to the meeting place prior to dinnertime.

Hazardous weather or insufficient snow on snowshoe and/or cross-country ski trips may require a change of destination.

Transportation: The leader will organize carpooling at the meeting location. Passengers are expected to contribute toward the cost of the transportation.

Risk: There are risks involved in our outings. Anyone participating does so at their own risk and is required to sign the *Release of Liability Form* provided by the leader.

Overnight Outings: Overnight outings are open only to ADK members.

Dogs: Please contact the leader in advance if you would like to bring a dog. It is up to the leader to decide if a dog is allowed to join the hike.

Meeting Places

Participants gather at a meeting place as designated in the outing write-up. Primary meeting places are:

Thruway Exit 34: For outings to the east and northeast. Park & Ride Lot is on the left as you approach the toll plaza from N. Peterboro St (Canastota).

Thruway Exit 39: Park & Ride Lot (relocated to Jones Rd). Heading west on Rt. 690, the Jones Rd. exit is located just before the 690 exit for the Thruway entrance.

DeWitt Wegmans Park & Ride For outings to the southeast. Exit Route 481 at Fayetteville. Wegmans is on Route 5 east of the Route 481 exit. Meet at the Bus Park and Ride in front of the Hobby/Lobby.

Green Hills Plaza For outings to the south and southwest. Parking lot is on the east side of South Salina Street across from Green Hills Farms, just south of the Syracuse city line.

Camping World (old Gander RV) Cicero, NY. For outings to the north. From NY 31, take the access road for I-81 N. Camping World is on the right just past the on-ramp for I-81.

Hike Equipment Checklist

- ✓ Water (amount appropriate for outing/weather)
- ✓ Lunch and extra food
- ✓ Clothing appropriate for outing/weather
- ✓ Rain gear
- ✓ Map and compass
- ✓ Headlamp or flashlight (extra batteries)
- ✓ Whistle
- ✓ Waterproof emergency blanket
- ✓ First-aid kit
- ✓ Hiking poles (if you use them)
- ✓ Work gloves (for work hikes)
- ✓ Bright clothing (in hunting season)
- ✓ Snowshoes/skis (in winter)

(A) – denotes the outing is within the Adirondack Blueline

9234 Walking Wednesday
Every Wednesday 9:00 AM

Meeting Place: Dewitt Wegmans' Park & Ride (in front of Hobby Lobby)
Rating: Level 1 C, Easy, 4-5 miles, ~4-6 hours
Long Distance Trail: FLT, NCT100
R/T Drive (miles): Less than 100 miles
Map Reference(s): DeLorme p. 60, DeLorme p. 61, DeLorme p. 77, FLT-O1, FLT-O2, FLT-M21
Leader(s): Mary Niemi, 315-751-7492, maryrwniemi@gmail.com and Bruce Holloway, b.holloway.adk.on@gmail.com (for info).
Every Wednesday some of our members take a 3-6 mile hike on one of the many trails in CNY. The first Wednesday of each month during Spring, Summer and Fall is usually devoted to trail maintenance. The Wednesday hikes welcome new participants. Please bring lunch and sufficient water. Call or email the leaders if you have Wednesday free and would like to hike.

9235 Wednesday Trail Maintenance
Wed, Sep 3 9:00 AM
Meeting Place: DeWitt Wegmans Park-n-Ride (in front of Hobby Lobby)
Hike Rating: Level 1 C+, Fairly Easy, 4-6 miles
Est Hike Time: 4-6 hours
Long Distance Trail: FLT, NCT100
R/T Drive: 50-75 miles
Map(s): DeLorme p. 60, DeLorme p. 61, DeLorme p. 77, FLT-O1, FLT-O2, FLT-M21
Leader(s): Dick Frio, 315-679-0622, richardfriood@hotmail.com
We will be doing maintenance on a section of the Finger Lakes Trail and North Country Trail. Our chapter currently maintains 72miles on the FLT and three lean-tos. Fifty Seven miles are concurrent with the NCT. No special skills are required just a genuine desire to ensure that our trails are clear and blazed for all hikers to enjoy. Bring a pair of work gloves, personal hand tools, water, lunch and wear appropriate clothing.

9236 Fall Picnic at Land O' Pines
Sun, Sep 7 10:00 AM
Meeting Place: Land O' Pines (Camden, NY) 8644 Preston Hill Rd.
Hike Rating: Level 1 C, Easy, 3 miles
Est Hike Time: 1.5 hours
R/T Drive: 10 miles
Map(s): DeLorme p. 47
Leader(s): Mary Dineen, 315-424-1284, Mark del Pozzo 315-245-0772
Come out and join us for our annual fall picnic. We will meet at 10:00 am and carpool for a walk at Forest Park in Camden. Lunch is at 1:00 pm - meat and beverages will be provided - bring a dish to pass. Take Mulholland Rd. out of North Bay - R. on Preston Hill. Look for ADK signs just past Preston Hill Gravel.

9237 Southwick Beach State Park w/ optional Selkirk Shores SP Hike
Mon, Sep 8 9:00 AM
Meeting Place: Camping World (old Gander RV) (Cicero), Note: Carpool from my house at 8:30 or from Camping World at 9:00, or direct at Pierrepont Rd. parking off Rt. 3. If meeting at trailhead you must contact leaders in case of last minute change.
Hike Rating: Level 1 C, Easy, ~3 miles
Est Hike Time: 2-3 hours
R/T Drive: 120 miles (from Eastwood), 96 miles (from Camping World RV)
Map(s): DeLorme p. 32
Leader(s): Sigi Schwinge, sigischwinge@aol.com, Theresa Evans, 315-414--0431
From Pierrepont Rd. boat parking, we'll walk to the beach, north to Southwick Beach SP and back via park trails to our cars. After the hike we can drive south to Selkirk Shores SP and walk the park trails.

9238 FLT Trail Maintenance
Sat, Sep 13 10:00 AM
Meeting Place: Contact Leader, RSVP Harold Kyle, harold@cnyhikes.com
Hike Rating: Level 1 C, Easy, 0.5 miles
Est Hike Time: 6 hours
Long Distance Trail: FLT, NCT100
R/T Drive: Less than 100 miles
Map(s): DeLorme p. 61, FLT-O1, FLT-O2, FLT-M21
Leader(s): Harold Kyle, harold@cnyhikes.com
The "Morgan Hill Meat Grinder" trail race takes place on the FLT on September 20. One week beforehand, we'll get together to tackle any last minute trail maintenance to prepare for this event.

This can include removing blowdowns, cutting back brush, or installing puncheons. No experience necessary, but there will be some heavy lifting and tool use. The chapter furnishes all necessary tools. Bring a pair of work gloves, water, lunch, and wear appropriate clothing. Please RSVP for information on where to meet.

9239 Moss, Bubb, Sis Lakes Hike
Sun, Sep 21 8:30 AM
Meeting Place: Thruway Exit 34 (Canastota)
Hike Rating: Level 1 C, Easy, 4.7 miles, (A)
Est Hike Time: 3 hours
R/T Drive: 180 miles
Map(s): DeLorme p. 36
Leader(s): Lisa Druke, 315-447-4018, lisadruke@gmail.com
The Pigeon Lake Wilderness has many pleasant trails including the trails around Moss, Bubb and Sis lakes. The autumn colors may just be starting to change. We will start at Moss Lake and hike to Bubb and Sis and then return to Moss to complete the loop around the lake. Bring snack/lunch and water.

9240 Morningside Trail and Oakwood Cemetery Public Arts Pathway
Sun, Sep 28 10:00 AM
Meeting Place: Meet at Barry Park Parking Lot off of Colvin St.
Hike Rating: Level 1 C, Easy, 5 miles (mainly flat).
Est Hike Time: 2-3 hours
Map(s): DeLorme p. 60
Leader(s): Melanie Stevens, 315-278-2787 or msteve39@gmail.com
This hike is a 5-mile urban trail on the east side of Syracuse. The 5-mile main loop will begin at Barry Park. We will continue past Ed Smith school and walk until we reach Oakwood Cemetery where we will follow an established public arts pathway route through the cemetery. We will be able to view the history, art and special trees that are in the cemetery. Bring water and snacks.

9241 Blackhead / Black Dome Mts (Cats 35)
Sat, Oct 4
Meeting Time/Place: Contact Leader
Hike Rating: Level 2 B+, Moderately Strenuous, 5 miles
Est Hike Time: 4-5 hours
R/T Drive: 254 miles
Map(s): DeLorme p. 97
Leader(s): Lisa Druke, (315) 447-4018, lisadruke@gmail.com
Join me on a hike in the Blackhead Range Wild Forest where the 3rd and 4th highest peaks offer some of the best views in the Catskills. We will plan to do a clockwise loop starting from Big Hollow Rd on the Black Dome Range Trail summiting Blackhead first (1740' ascent) and Black Dome second with an additional climb of ~500' and with a total ascent of ~2240'. The pace will be moderate. Bring 10 essentials, rain gear, lunch, snacks and water. Contact the leader to confirm the plan.

9242 Bucks Brook State Forest
Mon, Oct 6 9:00 AM
Meeting Place: DeWitt Wegmans Park-n-Ride (in front of Hobby Lobby), Note: If meeting at the trailhead, please contact leaders
Hike Rating: Level 1 C, Easy, 3.5 miles
Est Hike Time: ~3 hours
R/T Drive: 80 miles
Map(s): DeLorme p. 77, FLT-M22
Leader(s): Sigi Schwinge, sigischwinge@aol.com, Theresa Evans, 315-414-0431, tj_evans@verizon.net
We'll shuttle from Bucks Brook Rd to Ridge Rd. and hike back (mostly downhill) to our cars. Optional is a 1 mile and back walk to Ratville Rd. from Ridge Rd. after the main hike. The Monday walk-n-talk group walks every Monday. For more info contact leaders.

9243 Gull Lake Backpack
Sat, Oct 11 8:00 AM
Meeting Place: Contact Leader
Hike Rating: Level 2 B, Moderate, 9 miles, (A)
Est Hike Time: 2 hours
R/T Drive: 200 miles
Map(s): DeLorme p. 49
Leader(s): Jim Bristol, 315-935-3623
Weather prevented me from doing this trip in the spring, but hopefully the weather will cooperate in the fall. Let's take a walk to picturesque Gull Lake in the Black River Wild Forest. We will backpack to

Gull Lake leanto where we will spend the night. Autumn's color should be on full display making for a beautiful trip. Contact leader for trip details. Group size is limited to 8.

9244 OK Slip Falls - Adirondacks
Sun, Oct 12 8:00 AM (Contact Leader by October 10)
Meeting Place: Thruway Exit 34 (Canastota)
Meeting Note: We plan to carpool, but we would like to know # of folks coming to minimize cars driving.
Hike Rating: Level 2B, Moderate, 6.2 -7.7 mi., (A)
Est Hike Time: 3-4 hours
R/T Drive: 240 miles
Map(s): DeLorme p.37;
https://www.cnyhiking.com/OKSlipFalls.htm
Leader(s): Theresa & Jay Evans, 315-414-0431
or tj_evans@verizon.net
Let's take a trip up to the Adirondacks to see the leaves and to hike OK Slip Falls. Fall foliage, hopefully, will be out in a full array of colors! The trail head is located approximately 7.5 miles east of Indian Lake, NY. We will be parking at a lot off of NY 28 and walking to the trail head about .25 miles from that lot (need to be careful here of traffic). We start on the trail to Ross Pond which can be wet, muddy. The trail to the falls diverges and is generally dry. There is an option to take another short trail to the Hudson River Gorge, which is .75 miles one way and more challenging than the trail to the falls. However, there are now switchbacks most of the descent and ascent that make it more manageable. Please bring lunch, snacks & water. Please wear appropriate footwear, clothing, and bring hiking poles, if used, to navigate the trail. Please contact leader(s) if planning to attend by October 10, 2025.

9245 Dublin Road Reroute
Sat, Oct 18 10:00 AM (Contact Leader)
Meeting Place: RSVP Harold Kyle, harold@cnyhikes.com
Hike Rating: Level 1 C, Easy, 0.5 miles
Est Hike Time: 6 hours
Long Distance Trail: FLT
R/T Drive: less than 100 miles
Map(s): DeLorme p. 61, FLT-M22
Leader(s): Harold Kyle, harold@cnyhikes.com
The FLT M22 heading east from Dublin Road has unfortunately been damaged by illegal motorized vehicle traffic. Because the DEC has trouble policing this area, we are moving the FLT trailhead to be less accessible to ATVs and UTVs. We will be building 1/2 mile of new trail on state land together. No experience necessary, but there will be some heavy lifting and tool use. The chapter furnishes all necessary tools. Bring a pair of work gloves, water, lunch, and wear appropriate clothing. Please RSVP for information on parking.

9246 Carpenter Falls & Bahar Nature Preserve
Sat, Oct 25 9:30 AM
Meeting Place: Green Hills Plaza (across from Green Hills parking lot)
Hike Rating: Level 1 C, Easy, 3-4 miles
Est Hike Time: 2-4 hours
R/T Drive: 63 miles
Map(s): DeLorme p. 60
Leader(s): Theresa & Jay Evans, tj_evans@verizon.net or 315-414-0431
With cooler temps and changing leafage, let's take a hike out in the Skaneateles area locale. We will be exploring the new parking area and boardwalk at Carpenter Falls (observation platform of falls at the end) as well as hiking the trail that connects to the Bahar Nature Preserve. This trail is managed by the Finger Lake Land Trust. The trails are part of a cooperative effort between the NYS and the Land Trust. Our plan is to make this a loop hike (can glean good views of Skaneateles Lake), so we will be hiking the Appletree Point Road back to the parking area at Carpenter Falls. Come out and take a fall hike! Please bring water, snacks/lunch. Please wear appropriate footwear, clothing, and bring hiking poles, if used. Note: the trail does have ups and downs and can be muddy and/or have roots along the way. Please contact leader(s) if plan to attend.

9247 Fulton Chain Trio
Sat, Nov 1 7:00 AM
Meeting Place: DeWitt Wegmans Park-n-Ride (in front of Hobby Lobby)

Hike Rating: Level 2 B+, Moderately Strenuous, ~7 miles (total ascent 1633'), (A)
Est Hike Time: 4-6 hours
R/T Drive: 210 miles
Map(s): DeLorme p. 36
Leader(s): Jack Coleman, 315-491-1230, ADKjack6237@gmail.com
We will meet at the Wegmans/Hobby Lobby in DeWitt at 7:00 am to form carpool. We will drive to Bald Mountain/Rondaxe Fire Tower first for a nice warm up hike of approximately 1.8 miles and 410' of elevation gain. Beautiful views of 4th lake from tower. Then take a short drive to the parking area for Black Bear and Rocky Mountains in Inlet. We will climb Black Bear first, with round trip 4.8 miles and 790' of elevation gain. Due to the mileage and total elevation gain this is a moderately strenuous day. Group Size will be limited to a total of 15.

9248 Going to Paradise
Mon, Nov 3 8:30 AM
Meeting Place: DeWitt Wegmans Park-n-Ride (in front of Hobby Lobby),
Note: Contact leaders for meeting at the trailhead shuttle place
Hike Rating: Level 1 C, Easy, ~4 miles
Est Hike Time: ~3 hours
R/T Drive: 52 miles
Map(s): DeLorme p. 77, FLT-M22
Leader(s): Sigi Schwinge, sigischwinge@aol.com, Theresa Evans, 315-480-0022, tj_evans@verizon.net
The hike is on the Finger Lakes Trail in the Mariposa State Forest near DeRuyter. We spot cars on Rt. 12, shuttle up to Paradise Hill Rd. and walk (mostly downhill) back to cars, visiting and relaxing a bit at the Paradise Garden lean-to. Pack raingear, water and a snack.

9249 November Business Meeting, 2025
Sat, Nov 15 2:00 P.M.
Open to Non-Members-Bring a Friend
Meeting Place: Highland Forest County Park, Highland Park Road, off RT. 80, Fabius, NY.
Leader(s): Pat Urban 315-420-9382, Sandy Manca 315-807-9442
Hiking opportunities available in the morning. See information below. Social Hour: 2:00-3:00 pm. This hour will give us time to relax after hiking, if you
choose to hike, and visit with friends. Drinks and hors-d'oeuvres will be provided by the club. Bill Coffin will provide floral decorations for the Highland Forest Community Room in memory of Mary Coffin. He intends for attendees to feel free to take them home afterwards. At 3:00 pm don't miss Hiking the Tour du Mont Blanc. Join us for a special presentation on the Tour du Mont Blanc, one of Europe's most iconic long-distance hiking routes. This spectacular 100+ mile trek loops through the Alps of France, Italy, and Switzerland, offering awe-inspiring alpine scenery, charming mountain villages, and a rich blend of cultures. Chapter members Jamie Condon (Newsletter Editor), Joe Condon, Bob Rosati (North Country Trail Chair and Internet Co-Chair), Kim Putnam (Conservation Chair), Darlene Trytek, Julie Chapman and Theresa Parks hiked the trek this summer. Members of the group will share highlights, videos, photos, and insights from this unforgettable adventure through the heart of the Alps. Come hear about the group's adventure, challenges on the trail, planning strategies, logistics, and unforgettable moments from this self-planned and self-guided bucket-list journey. At 4:00 p.m. we will have our business meeting followed by our potluck dinner. Please bring a dish to share and your own place setting. Please note that they only have one oven to cook and keep food warm. We will have power strips for crock pots. **Reservations are required by Wednesday, November 12.** Please check our website at www.adk-on.org for updates and to access the link for reservations.
Hikes Available (see below): Registration is not required for the hikes but is required for the potluck dinner.

SHORT HIKE: Highland Forest
Sat, Nov 15 12:00 PM

Meeting Place: Highland Forest Skyline Lodge
Hike Rating: Level 1 C+, Fairly Easy, 4-5 mile loop
Est Hike Time: 2 hours
Map(s): DeLorme p. 61, FLT-O2
Leader(s): Ann Furze, 315-263-6719 (call/text), annfurze49@gmail.com.

Hike a 4-5 mile loop on the Main, Kirnan and Tolbert trails. The loop could be extended if some wish to continue east across the park and return on the main trail resulting in 7 miles. Bring water, snacks, and poles. Probably muddy in places. Please contact leader with any questions.

LONG HIKE: Highland Forest
Sat, Nov 15 10:00 AM
Meeting Place: Highland Forest Skyline Lodge
Hike Rating: Level 2 B, Moderate, 8.8 miles
Est Hike Time: 4 hours
Long Distance Trail: FLT, NCT100
Map(s): DeLorme p. 61, FLT-O2
Leader(s): Kathy Campbell, 315-427-3917, kathy.al.campbell@gmail.com
Enjoy this moderately strenuous hike on the Phil Suters Memorial Main Trail at Highland Forest. This loop trail of approx. 8.8 mi. includes an elevation gain of ~1,200'. You will wind through peaceful forests with a few easy stream crossings. There can be muddy sections during wet weather so wear sturdy hiking boots and bring trekking poles (optional). Bring snack or light lunch and water. Please contact leader with any questions.

9250 Whetstone Gulf Hike
Sat, Nov 22 8:00 AM
(RSVP to hike leader 24 hrs. prior to hike meeting time)
Meeting Place: Large lot behind Dunkin Donuts (3041 E Ave, Central Square, NY) GPS 43.286382, -76.130635, Note: Meet at Plaza parking lot behind Dunkin Donuts in Central Square, NY, head West on Rt 49 off Rt 81 exit for Central Square. Turn Left at light to plaza parking lot (right goes to Walmart).
Hike Rating: Level 1 C+, Fairly Easy, 5.6 miles
Est Hike Time: 3 hours
R/T Drive: 150 miles
Map(s): DeLorme p. 34
Leader(s): Kathy Campbell, 315-427-3917, kathy.al.campbell@gmail.com
This 5.6 mi. loop trail takes you around the 3 mi. long Whetstone Gulf gorge cut into the eastern edge of the Tug Hill Plateau. The gorge offers spectacular scenic vistas that will be more visible once the leaves have dropped in fall. The Gulf features layers of shale and sandstone with the gorge formed by glacial erosion. Elevation gain for the hike is 860'. The terrain is steep uphill starting on the North Trail side, but plateaus as it travels around the gorge. Many exposed roots cross the trail. Sturdy footwear, water, lunch, appropriate attire for the weather and hiking 10 essentials are required.

9251 Green Lakes State Park Hike
Sun, Nov 30 10:00 AM
Meeting Place: Green Lakes West Beach Parking Lot
Hike Rating: Level 1 C, Easy, 5 miles
Est Hike Time: 3-4 hours
Map(s): DeLorme p. 61
Leader(s): Lisa Druke, lisadruke@gmail.com, 315-447-4018
Let's work off Thanksgiving dinner with a nice walk at Green Lakes State Park. We will hike the rolling hills above Green and Round Lakes and visit the Old Growth Forest and Indian Ovens Trail.

Mailing Address:

Adirondack Mountain Club
Onondaga Chapter
8729 Bridgeport Kirkville Rd
Kirkville, NY 13082

Go Green!

Go Digital!

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Adirondack ADK Mountain Club